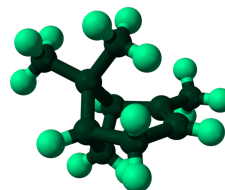


Testimonial

Joseph Bharat Cornell

nature- and people-connected,
environmentally concerned and a
true Founding Father of Forest
Therapy worldwide



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As Editor-in-chief of the forthcoming **International Handbook of Forest Therapy** (2019; Cambridge Scholars Publishing, UK) and representing my co-editors, Prof. Dr. Qing Li (discovery of the mechanisms how phytoncides emitted from trees enhance the production of natural killer cells in human bodies; Nippon Medical School, Tokyo/Japan), Prof. Dr. Won Sop Shin (Former Minister of the Korea Forest Service and architect of the Korea Forest Welfare Promotion Act) and Prof. Dr. Andreas Michalsen (Chief Medical Officer and Foundation Chair of Naturopathy at the Charité Medical University Hospital, Berlin/Germany) I have the pleasure to commend my esteemed colleague, **Joseph Bharat Cornell**, as one of the founding fathers of activities and exercises related to the conduct of Forest Therapy.

Indeed, it was Joseph who – decades ago – recognized and learnt to utilize quite practically the positive health potential forests and natural environments have on human beings when applied appropriately. Joseph not only stands for ‘*Sharing Nature*’, he lives and is actively *sharing* nature. His books and programs have inspired millions of people around the world.

We are privileged and grateful to have learnt so many facts, experiences and wisdom from Joseph. We wish him the best of success and many years to come in which he can provide his invaluable contribution and insight into how best to benefit from nature. In a simple, straightforward and effective way Joseph has been and is an outstanding practitioner in his field of expertise. We, at INFTA, owe him a lot and wish him well in all his endeavours.

Dr. Dieter Kotte

Secretary & International
Strategic Advisor
INFTA

Susan Joachim

President
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